

Yr 3. Tweedmouth.

Prior Park

Mrs Hindhaugh.

Rainforest massage

Please may I touch your back

1. Tree top walk- gentle clenched fist walking up back x3
2. Leopard slowly walking on the forest floor- rolling hands up both arms
3. Rain - gentle fingers tapping over the back
4. Snake slithering across the ground- move arm across back in wave like manner
5. Monkey swinging through- hold shoulder and move arm across the back
6. Waterfall - sweep both hands down the head and back
7. Scorpion- squeeze shoulders
8. Parrot- making a beak shape and tapping gently on head, shoulders and neck
9. Tiger- fingers raking down the back
10. Tarantula - like cat grip
11. Ants - brush off the ants
12. Butterfly - wings on the back

Thank you