

Child 2 Child Peer Massage Training

Absolute Energy offers training in peer massage as an approach to supporting relaxation and promoting learning. Currently training is given by Lynn Munro.

The process of training is now

1: Practitioner's Award for all people who deliver peer massage to a group or class (Children's Workforce, T A, mentors, teachers) as one day INSET Day for whole school or organisation.

2 Day: Coordinator's Award for all people wishing to use peer massage (Children's Workforce, TA, mentors or class teacher, volunteers)

- To help the school develop Best Practice in the support of students and staff.
- To play a part in developing networks with others around the Healthy Schools / PSHCE work within the area.
- Continuing Professional Development route to improving skill and knowledge of the initiative

There is also a Continuing Professional Development partnership with Edge Hill University and is free. Completing the course and submitting an evidence folder can lead to:

- Certificate in Continuing Professional Development
- 30 credits towards a Foundation degree
- 20 credits towards a Post Graduate Certificate (Diploma or Masters) for existing graduates.

In 2010 the award will be directed to a Level 7 status, still offering the same number of credits to stand alone or to assist in gaining A Postgraduate Certificate in Education.

Child 2 Child is an approach for all children and young people and can be whole class, small group or paired work.

It can also now be part of the Life-skills ASDAN qualification in Year 9, 10 and 11.

It is hoped that other career options in massage will also be possible for young people from the early introduction of Child 2 Child.