



absolute energy

Healthy people means healthy business

What is *NO HANDS*[®] Massage?

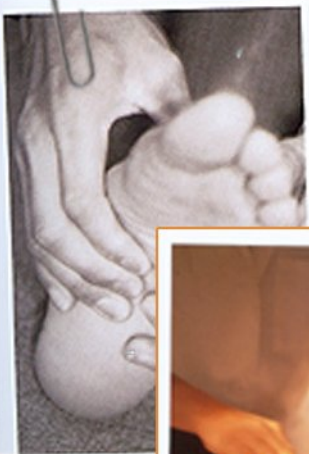
Developed by UK Massage therapist, Gerry Pyves, *NO HANDS* Massage is the fastest growing new approach to Massage sweeping across the country!

It is being hailed as "*The New Massage*" because it bridges the gap between Eastern and Western approaches to healing touch. Eastern approaches to touch are often deep and powerful but sometimes rely on painful techniques. Western Massage is often pleasantly relaxing but can sometimes be superficial or ineffective.

NO HANDS is being called "*The Gentle Giant*" of Massage in that it is both immensely powerful and yet pleasant at the same time. In this, it bridges the gap between Eastern and Western approaches to touch.

It achieves this because the whole weight of the therapist's body is used through the very soft surfaces of the forearm. This pleasant weight creates a *systemic effect* throughout your body and allows all your muscles to relax, regardless of where the therapist is actually working.

In truth, this amount of depth is impossible with traditional massage techniques without damaging the therapists' hands. With *NO HANDS* you know that no matter how deep or how



Healthy
Wellbeing



Pamper
parties

Stressed !!



powerful the Massage, your therapist remains in good health.

Having a practitioner gently and expertly lean their weight onto you through their forearms is an amazing feeling that is almost impossible to describe, which is why we invite you to...

Take time out...

and

Just feel

it...