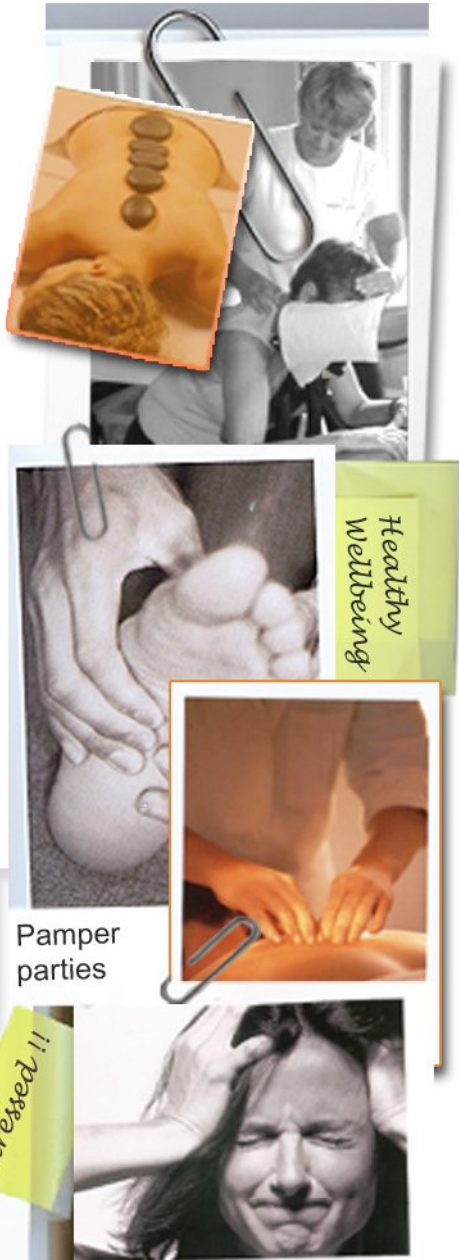




absolute energy

Healthy people means healthy business



Carole Clarke

Tyne and Wear Development Sunderland

Lynn and her team provide a first class service. We have recently hired Absolute Energy for workplace massage. The feedback from staff has been positive and we look forward to a long working relationship with Lynn and her team.

Sara J

Lynn, came along to two family activities that we have organised across the school partnership. Many of the schools in the partnership are involved in the peer massage programme for schools so we organised the family events so that parents could experience peer massage. The parents loved the session and many commented that they would encourage their children to do this at home with them

Eleanor Philips

Childrens Services Northumberland County Council

Over the last three years, I have commissioned Lynn and her team to provide Seated Acupressure Massage, Hand Massage and Indian Head Massage to staff attending our Stress management courses - this addition to training has been warmly welcomed by staff who not only appreciate receiving a therapy themselves but they then go back to the workplace and encourage others to consider using complimentary therapies to manage their own stress. The company is highly professional, friendly and reliable and have no hesitation in recommending them to you.